# **OUR MISSION**

Committed to empowering and supporting Pacific peoples in transformational ways toward healthy, resilient and prosperous futures.



# Who are we?

Mapu Maia was established in 2009 to provide counselling, education, and support, or Pacific families. Families which are affected by gambling harm, mental health issues, and addictions.



Freephone: 0800 212 122 Email us: help@mapumaia.nz Website: www.mapumaia.nz

# Maja Providing Help, Enriching Lives.

- Counselling Services
- Health Promotion
- Community Advocacy
- Support Services

#### **Auckland Head Office**

Ground Floor, 15 Jack Conway Avenue, Manukau City, Auckland, 2104

### **Hawkes Bay Office**

312 St Aubyn Street West, Hastings, 4130

#### **Wellington Office**

19 Market Grove, Hutt Central, Lower Hutt, Wellington, 5010

#### **Christchurch Office**

320 Cashel Street, Christchurch Central City, Christchurch, 8011

# Talatalanoa - Counselling

By engaging in Talatalanoa, we provide counselling that addresses and re-empowers the physical, mental, spiritual, and family wellbeing.

Our counsellors are experienced and qualified staff, providing support in the Pacific languages enriched with culture humility.

We will meet you in spaces you feel comfortable and safe, whether that is in our office or in your own home.

## **Health Promotion**

Our experienced and qualified health promoters actively engage with our Pacific community to raise awareness about mental health, addictions, and gambling harm.

We deliver outreach programmes and presentations for community groups, education providers, health and social services.

Committed to helping our communities, at community events and stakeholders meetings advocating for the community voice around mental health and wellbeing and social issues.

# Ta'iala - Support Services

The word Ta'iala in Samoan means "to lead and guide the way." Our experienced Ta'iala team is committed to helping families and individuals navigate potential obstacles and find a safe path forward. This includes connecting our people to the right services, to best suit our Pacific community.

Our team has established relationships and partnerships with key agencies to ensure our community has access to appropriate services. In turn, they empower others to become Ta'iala themselves, helping other families along the way.

# **OUR VALUES**











"Our services are free and confidential"